

Knowing My Rules for Safety

1. I **CHECK FIRST** with my parents, guardians, or other trusted adults before going anywhere, doing anything, helping anyone, accepting anything, getting into a vehicle, or leaving with anyone.

2. I **TAKE A FRIEND** with me when going places or playing outside.

3. I **TELL** someone **NO** if they try to touch me or do things in ways that make me feel scared, uncomfortable, or confused, because it's **OK** for me to stand up for myself.

4. I **TELL** my parents, guardians, or other trusted adults if anything happens to me.

Sometimes there are people who choose to trick or hurt others. There is no excuse — no one has the right to force, trick, or pressure people into doing things they don't want to do. So use these rules, and remember you are **STRONG**, are **SMART**, and have the right to be **SAFE**. Always

- **CHECK FIRST**
- **TAKE A FRIEND**
- **TELL PEOPLE "NO" WHEN THEY TRY TO CAUSE YOU HARM**
- **TELL AN ADULT YOU TRUST IF ANYTHING HAPPENS**

NATIONAL CENTER FOR

MISSING & EXPLOITED
CHILDREN®
www.missingkids.com

OJJDP Office of Juvenile Justice
and Delinquency Prevention
Office of Justice Programs ♦ U.S. Department of Justice

Charles B. Wang International Children's Building
699 Prince Street
Alexandria, Virginia 22314-3175
U.S.A.

The **National Center for Missing & Exploited Children**[®] (NCMEC), established in 1984 as a private, nonprofit organization, serves as a clearinghouse of information about missing and exploited children; provides technical assistance to the public and law-enforcement agencies; offers training programs to law-enforcement and social-service professionals; distributes photographs of and descriptions about missing children worldwide; creates and coordinates child-protection education and prevention programs and publications; coordinates child-protection efforts with the private sector; networks with nonprofit service providers and state clearinghouses regarding missing-child cases; and provides information about effective legislation to help ensure the protection of children per 42 U.S.C. §§ 5771 *et seq.*; 42 U.S.C. § 11606; and 22 C.F.R. § 94.6.

A 24-hour, toll-free telephone line, **1-800-THE-LOST (1-800-843-5678)**, is available in Canada, Mexico, and the United States for those who have information regarding missing and exploited children. The "phone free" number when dialing from other countries is 00-800-0843-5678. The **CyberTipline**[®] is available worldwide for online reporting of these crimes at www.cybertipline.com. The TTY line is 1-800-826-7653. The NCMEC business number when dialing in the United States is 703-274-3900. The NCMEC business number when dialing from other countries is 001-703-522-9320. The NCMEC facsimile number is 703-274-2200. The NCMEC web-site address is www.missingkids.com.

For information about the services offered by other NCMEC offices, please call them directly in California at 714-508-0150, Florida at 561-848-1900, Kansas City at 816-756-5422, New York at 585-242-0900, and South Carolina at 803-254-2326.

A number of publications, addressing various aspects of the missing- and exploited-child issue, are available free-of-charge in single copies by contacting the
National Center for Missing & Exploited Children
Charles B. Wang International Children's Building
699 Prince Street
Alexandria, Virginia 22314-3175
U.S.A.

U.S.A.
Alexandria, Virginia 22314-3175
699 Prince Street
Charles B. Wang International Children's Building
National Center for Missing & Exploited Children

This project was supported by Grant No. 2005-MC-CX-K024 awarded by the Office of Juvenile Justice and Delinquency Prevention, Office of Justice Programs, U.S. Department of Justice. Points of view or opinions in this document are those of the author and do not necessarily represent the official position or policies of the U.S. Department of Justice. National Center for Missing & Exploited Children[®], 1-800-THE-LOST[®], and CyberTipline[®] are registered service marks of the National Center for Missing & Exploited Children.

This document was previously published as *My 8 Rules for Safety* and *Knowing My 8 Rules for Safety*.

