

Old Dominion Aquatic Club

Individual Meet Results

2010 VSI SC Senior Championships 04-Mar-10 to 07-Mar-10 Yards

Location: UVA Aquatic and Fitness Cntr, Charlottesville

Old Dominion Aquatic Club [ODAC-VA] Coach: Steve Bialorucki

Time	F/P/S	Event	Place	Points	Improv
James Balderston (14) M					
16:33.69Y	F # 2	Men 1650 Free	13	4	-14.46
23.98Y	F # 14	200 Free Relay Lead Off	---	---	-0.16
4:48.35Y	P # 24	Men 500 Free	18	---	-2.71
4:51.60Y	F # 24	Men 500 Free	21	---	0.54
10:02.66Y	F # 38	Men 1000 Free	22	---	-5.81
Joseph Blackwood (16) M					
1:50.90Y	F # 12	800 Free Relay Lead Off	---	---	0.65
23.40Y	P # 18	Men 50 Free	48	---	0.32
27.52Y	F # 28	200 Medley Relay Lead Off	---	---	4.74
10:17.93Y	F # 38	Men 1000 Free	41	---	-11.05
4:57.45Y	F # 38I	Men 500 Free	1	---	-3.02
Ashley Bowers (19) W					
2:00.96Y	P # 3	Women 200 Free	66	---	3.64
4:57.15Y	P # 9	Women 400 IM	59	---	8.26
2:23.62Y	P # 15	Women 200 Fly	54	---	8.07
5:25.40Y	P # 23	Women 500 Free	56	---	12.56
56.92Y	P # 31	Women 100 Free	74	---	0.86
NS	F # 37	Women 1000 Free	---	---	---
Kodiak Bowers (17) M					
1:45.91Y	P # 4	Men 200 Free	15	---	-0.84
1:46.34Y	F # 4	Men 200 Free	16	1	-0.41
4:14.16Y	F # 10	Men 400 IM	20	---	-7.32
4:14.35Y	P # 10	Men 400 IM	20	---	-7.13
1:48.02Y	F # 12	800 Free Relay Lead Off	---	---	1.27
4:46.01Y	F # 24	Men 500 Free	14	3	-0.62
4:46.32Y	P # 24	Men 500 Free	13	---	-0.31
49.76Y	P # 32	Men 100 Free	36	---	0.07
2:01.01Y	P # 34	Men 200 IM	29	---	0.25
49.79Y	F # 36	400 Free Relay Lead Off	---	---	0.10
NS	F # 38	Men 1000 Free	---	---	---
Savannah Bowers (16) W					
1:55.66Y	P # 3	Women 200 Free	26	---	1.42
1:00.96Y	P # 21	Women 100 Back	48	---	1.41
5:03.04Y	P # 23	Women 500 Free	11	---	-1.17
5:04.05Y	F # 23	Women 500 Free	11	6	-0.16
2:11.06Y	P # 29	Women 200 Back	27	---	1.13
2:11.70Y	F # 29	Women 200 Back	23	---	1.77
53.02Y	F # 31	Women 100 Free	10	7	-0.83
53.07Y	P # 31	Women 100 Free	10	---	-0.78
10:30.75Y	F # 37	Women 1000 Free	11	6	-8.84
Max Danielson (14) M					
2:07.57Y	P # 16	Men 200 Fly	55	---	1.33
Preston Dunham (15) M					
54.82Y	P # 8	Men 100 Fly	43	---	-0.35

Old Dominion Aquatic Club

Individual Meet Results

2010 VSI SC Senior Championships 04-Mar-10 to 07-Mar-10 Yards

Location: UVA Aquatic and Fitness Cntr, Charlottesville

Old Dominion Aquatic Club [ODAC-VA] Coach: Steve Bialorucki

Time	F/P/S	Event	Place	Points	Improv
4:24.21Y	P # 10	Men 400 IM	47	---	1.13
1:58.62Y	F # 16	Men 200 Fly	20	---	0.90
1:59.57Y	P # 16	Men 200 Fly	25	---	1.85
1:52.41Y	T # 104	Men 200 Free	1	---	-3.87
2:05.51Y	T # 234	Men 200 IM	1	---	-1.68
Eli Guzik (18) M					
16:32.08Y	F # 2	Men 1650 Free	12	5	-12.04
1:46.65Y	F # 4	Men 200 Free	21	---	0.13
1:47.12Y	P # 4	Men 200 Free	22	---	0.60
1:01.88Y	P # 6	Men 100 Breast	27	---	0.18
2:19.96Y	P # 20	Men 200 Breast	33	---	0.41
4:45.57Y	F # 24	Men 500 Free	18	---	-1.50
4:49.35Y	P # 24	Men 500 Free	19	---	2.28
10:00.19Y	F # 38	Men 1000 Free	20	---	-0.43
Hannah Guzik (15) W					
18:36.92Y	F # 1	Women 1650 Free	21	---	6.47
11:05.07Y	F # 37	Women 1000 Free	32	---	-7.67
Madeline Loper (16) W					
1:59.48Y	P # 3	Women 200 Free	55	---	0.53
1:01.42Y	P # 7	Women 100 Fly	51	---	-0.17
24.75Y	P # 17	Women 50 Free	18	---	-0.14
24.78Y	F # 17	Women 50 Free	20	---	-0.11
53.88Y	P # 31	Women 100 Free	22	---	-0.19
54.44Y	F # 31	Women 100 Free	22	---	0.37
Shannon Loud (15) W					
1:57.67Y	P # 3	Women 200 Free	42	---	-1.37
25.48Y	P # 17	Women 50 Free	49	---	0.33
59.77Y	P # 21	Women 100 Back	31	---	0.39
5:13.22Y	P # 23	Women 500 Free	30	---	-7.34
58.99Y	F # 25	400 Medley Relay Lead Off	---	---	-0.39
28.73Y	F # 27	200 Medley Relay Lead Off	---	---	0.66
2:12.46Y	P # 29	Women 200 Back	38	---	3.15
55.14Y	P # 31	Women 100 Free	49	---	-1.28
Jordan McConnell (17) W					
18:40.27Y	F # 1	Women 1650 Free	22	---	3.01
11:10.79Y	F # 37	Women 1000 Free	36	---	1.49
Rebecca Phillips (15) W					
18:53.62Y	F # 1	Women 1650 Free	27	---	4.94
5:30.63Y	P # 23	Women 500 Free	63	---	7.41
11:12.16Y	F # 37	Women 1000 Free	38	---	-11.21
Haileigh Phillips (17) W					
1:10.61Y	P # 5	Women 100 Breast	33	---	-0.48
NS	P # 7	Women 100 Fly	---	---	---
24.88Y	P # 17	Women 50 Free	25	---	-0.18
2:30.83Y	P # 19	Women 200 Breast	34	---	-0.81

Old Dominion Aquatic Club

Individual Meet Results

2010 VSI SC Senior Championships 04-Mar-10 to 07-Mar-10 Yards

Location: UVA Aquatic and Fitness Cntr, Charlottesville

Old Dominion Aquatic Club [ODAC-VA] Coach: Steve Bialorucki

Time	F/P/S	Event	Place	Points	Improv
53.65Y	P # 31	Women 100 Free	17	---	---
53.99Y	F # 31	Women 100 Free	15	1.5	0.34
2:09.60Y	F # 33	Women 200 IM	20	---	-1.23
2:10.12Y	P # 33	Women 200 IM	19	---	-0.71
57.92Y	T # 107	Women 100 Fly	1	---	-1.23
Elizabeth Plowman (17) W					
2:08.91Y	P # 3	Women 200 Free	72	---	9.38
25.80Y	P # 17	Women 50 Free	61	---	-0.06
1:02.10Y	P # 21	Women 100 Back	64	---	0.39
2:15.71Y	P # 29	Women 200 Back	54	---	1.42
57.42Y	P # 31	Women 100 Free	80	---	2.00
Emily Plowman (14) W					
2:01.74Y	P # 3	Women 200 Free	69	---	2.74
24.45Y	F # 17	Women 50 Free	12	5	-0.19
24.55Y	P # 17	Women 50 Free	12	---	-0.09
1:00.74Y	P # 21	Women 100 Back	45	---	0.30
2:14.51Y	P # 29	Women 200 Back	51	---	1.47
54.37Y	P # 31	Women 100 Free	34	---	0.54
54.11Y	F # 35	400 Free Relay Lead Off	---	---	0.28
Jessica Rocheleau (16) W					
1:56.36Y	P # 3	Women 200 Free	35	---	1.29
1:11.99Y	P # 5	Women 100 Breast	47	---	0.29
25.41Y	P # 17	Women 50 Free	43	---	0.04
5:06.72Y	P # 23	Women 500 Free	17	---	-4.80
5:15.23Y	F # 23	Women 500 Free	22	---	3.71
54.18Y	P # 31	Women 100 Free	30	---	-0.25
2:14.83Y	P # 33	Women 200 IM	56	---	1.39
Vanja Rogulj (28) M					
55.91Y	F # 6	Men 100 Breast	1	20	---
57.11Y	P # 6	Men 100 Breast	3	---	---
22.04Y	F # 14	200 Free Relay Lead Off	---	---	---
2:08.38Y	F # 20	Men 200 Breast	10	7	---
2:11.52Y	P # 20	Men 200 Breast	12	---	---
Derek Simon (17) M					
1:49.60Y	P # 4	Men 200 Free	35	---	0.86
55.53Y	P # 8	Men 100 Fly	45	---	0.76
4:23.65Y	P # 10	Men 400 IM	45	---	1.14
2:01.62Y	P # 16	Men 200 Fly	33	---	2.46
2:23.24Y	P # 20	Men 200 Breast	42	---	1.72
50.04Y	P # 32	Men 100 Free	37	---	0.01
Jessica Singer (17) W					
17:43.55Y	F # 1	Women 1650 Free	10	7	1.84
1:58.88Y	P # 3	Women 200 Free	47	---	0.63
25.72Y	P # 17	Women 50 Free	58	---	-0.13
5:12.81Y	P # 23	Women 500 Free	29	---	1.81

Old Dominion Aquatic Club

Individual Meet Results

2010 VSI SC Senior Championships 04-Mar-10 to 07-Mar-10 Yards

Location: UVA Aquatic and Fitness Cntr, Charlottesville

Old Dominion Aquatic Club [ODAC-VA] Coach: Steve Bialorucki

Time	F/P/S	Event	Place	Points	Improv
54.81Y	P # 31	Women 100 Free	43	---	-0.95
10:36.83Y	F # 37	Women 1000 Free	15	2	0.02
Rebecca Spicher (16) W					
1:56.75Y	P # 3	Women 200 Free	36	---	1.84
1:55.00Y	F # 11	800 Free Relay Lead Off	---	---	0.09
2:10.50Y	P # 15	Women 200 Fly	27	---	2.18
5:02.97Y	F # 23	Women 500 Free	10	7	-1.07
5:06.41Y	P # 23	Women 500 Free	16	---	2.37
2:14.54Y	P # 33	Women 200 IM	53	---	1.34
Katherine Thomas (16) W					
1:58.77Y	P # 3	Women 200 Free	46	---	0.79
25.32Y	P # 17	Women 50 Free	38	---	-0.84
58.63Y	P # 21	Women 100 Back	16	---	-0.46
58.89Y	F # 21	Women 100 Back	14	3	-0.20
59.16Y	F # 25	400 Medley Relay Lead Off	---	---	0.07
28.75Y	F # 27	200 Medley Relay Lead Off	---	---	0.40
	P # 29	Women 200 Back	---	---	---
2:12.22Y	P # 33	Women 200 IM	34	---	0.36
Sarah White (17) W					
1:51.97Y	P # 3	Women 200 Free	9	---	-0.15
1:52.22Y	F # 3	Women 200 Free	12	5	0.10
56.07Y	P # 7	Women 100 Fly	4	---	0.09
56.26Y	F # 7	Women 100 Fly	4	15	0.28
24.72Y	F # 13	200 Free Relay Lead Off	---	---	-0.29
56.02Y	F # 21	Women 100 Back	3	16	-0.98
57.53Y	P # 21	Women 100 Back	7	---	0.53
2:06.46Y	F # 29	Women 200 Back	11	6	-3.36
2:07.06Y	P # 29	Women 200 Back	13	---	-2.76
Chase Williams (15) M					
1:45.83Y	F # 4	Men 200 Free	15	2	-2.93
1:46.25Y	P # 4	Men 200 Free	17	---	-2.51
1:56.22Y	F # 16	Men 200 Fly	13	4	-10.51
1:56.38Y	P # 16	Men 200 Fly	12	---	-10.35
53.52Y	F # 26	400 Medley Relay Lead Off	---	---	-5.29
25.73Y	F # 28	200 Medley Relay Lead Off	---	---	-3.18
48.89Y	F # 32	Men 100 Free	18	---	0.46
49.40Y	P # 32	Men 100 Free	26	---	0.97
52.40Y	T # 108	Men 100 Fly	1	---	-4.06
Kristen Zielinski (16) W					
1:11.19Y	P # 5	Women 100 Breast	40	---	-0.30
59.78Y	P # 7	Women 100 Fly	30	---	-0.28
1:57.05Y	F # 11	800 Free Relay Lead Off	---	---	1.57
25.03Y	F # 13	200 Free Relay Lead Off	---	---	0.08
24.30Y	F # 17	Women 50 Free	17	---	-0.65
24.75Y	P # 17	Women 50 Free	18	---	-0.20

Old Dominion Aquatic Club

Individual Meet Results**2010 VSI SC Senior Championships 04-Mar-10 to 07-Mar-10 Yards****Location: UVA Aquatic and Fitness Cntr, Charlottesville****Old Dominion Aquatic Club [ODAC-VA] Coach: Steve Bialorucki**

Time	F/P/S	Event	Place	Points	Improv
53.46Y	F # 31	Women 100 Free	17	---	-0.48
53.77Y	P # 31	Women 100 Free	21	---	-0.17
2:16.63Y	P # 33	Women 200 IM	63	---	3.90
53.41Y	F # 35	400 Free Relay Lead Off	---	---	-0.53